

# Martins P.A.N.T.R.Y.

(570) 324-2774  
8571 Rt. 414 Liberty Pa.

January 2<sup>nd</sup> – 15<sup>th</sup>

Monday 8-6 Tuesday 8-6  
Wednesday 8-5 Thursday 8-7  
Friday 8-7 Saturday 9-5  
*Café & Deli Close*  
30 min. Before Store

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## Instant Naturally Flavored Oatmeal

**20% Off**

Valid Jan. 2-15

## Flax Seed Meal

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## Oat & Wheat Bran

**15% Off**

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## Protein Powder

**NEW 15% Off**

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## MCT, Olive & Coconut oils

**15% Off**

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## Seeds

**20% Off**

- \*Chia
- \*Flax
- \*Sunflower
- \*Pumpkin

Super Charge your smoothie!

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# It's a New Year!

**Have** hope  
**Try** new things  
**Be** active  
**See** the good  
**Say** "I love you" more  
**Challenge** yourself  
**Choose** to be happy  
**Eat** better  
**Enjoy** today  
**Forgive** more readily  
**Read** more often  
**Become** your best you



## Deli Sales:

German Bologna ~ \$4.19 / **Sale \$3.69**

Artisan Carving Ham ~ \$5.15 / **Sale \$4.65**

Corned Beef ~ \$6.39 / **Sale \$5.89**

Mozzarella Cheese ~ \$4.65 / **Sale \$3.99**

Black Mountain Cheddar Cheese ~ \$5.45 / **Sale \$4.95**

Call in advance and we will get your order ready for you!

### Soup Schedule

Dec. 31-Jan. 5	Italian Wedding & New England Clam Chowder
Jan. 7-12	Vegetable & Hearty Ham Chowder
Jan. 14-19	Chicken Wild Rice & Corn Chowder
Jan. 21-26	Sausage Cabbage & Loaded Baked Potato

To have Our Sale Flyers emailed to you - Sign up at:

[www.martinspantry.com](http://www.martinspantry.com)

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